

Basic Massage · Stretch | 基本按摩 · 伸展

For immediate release

Proper Massage VS False Massage

The demand for massage and relaxation service in Hong Kong is booming.

While there are varied choices in the market – Traditional Chinese Tui Na, Thai massage, Swedish massage, Reflexology, etc. – nobody seems to care and regulate the quality of services. As a result, there have been cases of malpractice in these years, leading to injuries or, in the worst case, fatality.

Massage and relaxation are serious bodyworks. It would be very important to identify proper service providers against unqualified practices.

Massage Therapy, like all other medical and supplementary medical professionals, should be regulated under strict quality assurance system and legislations. Proper regulations would reduce malpractice and unqualified practices, thus ensuring safe and effective massage therapy.

正確按摩 與 不當按摩

香港市民對 按摩及舒緩 服務的需求日益增加。

我們不難找到各種不同名目的服務 – 傳統中式推拿，泰式按摩，瑞典式按摩，足底反射按摩等等 – 琳羅滿目。只是政府和社會大眾從未計劃監管 按摩及舒緩 業界的專業水平，在水平良莠不齊的情況下，曾經發生過不同大小事故，因不當按摩而引致受傷，甚至死亡。

按摩及舒緩 是一項專業及精確的健康服務。專業認證制度可以釐清專業的 按摩及舒緩服務提供者 及 未達專業水平的從業員。

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