

Evidence Based Practice

Evidence Base Practice (EBP) is a new idea only arises in this decade. It simply means all clinical treatments should only be provided with sufficient evidence to back them up. It arises after the publish of "The Institute of Medicine", which, estimate the deaths due to medical errors exceeded the number attributable to the 8th leading U.S. cause of death. Since then, public concerns towards medical issues lead a revolutionary move towards medical science, both in practical techniques and medical field education.

The aims of EBP are to minimize clinical practice variations, and promote an effective series of mechanisms not only for imposing health care policy, but also for reduction of medical errors precipitated in part by clinical practice variation. EBP provides a stronger scientific foundation for clinical works, in order to achieve consistency, efficiency, effectiveness, quality and safety in medical cause.

Instead of relying solely on accumulated personal experiences to determine which clinical techniques are most effective in traditional medicine, individual clinician using EBP will be able to draw upon the objective experience of many researchers working with scientific standards of evidence and relate this evidence to an assessment of the client's circumstances and the practitioner's clinical experience.

In conclusion, EBP promotes the use of current best evidence in making decisions about the case of individual clients. EBP is becoming more popular tough not fully developed yet. However, there is a trend which shows it will soon replaces or integrates with traditional medical approach to give best solutions, and lead science to a new page.

For more information, you may visit:

PubMed

<http://www.ncbi.nlm.nih.gov/pubmed/>

The Cochrane Collaboration

<http://www.cochrane.org/docs/ebm.htm>

**WE ENDORSE
EVIDENCE-BASED PRACTICE**